

Autism
Rolfing by Robert Toporek
1017 W 9th Ave Suite B King of Prussia PA 19406
484-744-1868
robert@rolfingtoporek.com

Dear Robert, I am writing to share my heartfelt gratitude and to provide a detailed account of the remarkable difference Rolfing has made in my son's life. As a parent of an autistic child, I have always sought therapies that could help him find calm and a stronger connection with his body. After completing 10 Rolfing sessions at your practice, I have witnessed a transformation that has not only eased his daily struggles but has also brought about a significant improvement in his overall well-being.

Before beginning Rolfing, my son frequently experienced overwhelming tantrums and moments of sensory overload. He often seemed disconnected from his body, which contributed to his bouts of agitation. However, throughout his sessions, I observed him slowly becoming more grounded and present. Each session provided him with a gentle yet effective approach to releasing tension and restoring balance in his body. The physical work, combined with your thoughtful care, has enabled him to regulate his emotions much more effectively. His tantrums have diminished noticeably, and he now exhibits a rare sense of calm.

What has been most inspiring is the way Rolfing has helped him become more aware of his body. This increased body awareness has empowered him to better understand and express his needs, ultimately leading to a more harmonious daily routine. I firmly believe that Rolfing offers an amazing complementary therapy for children with autism. I am deeply grateful for the care, expertise, and compassion shown by you and your team throughout our journey.

My son's improved quality of life is a testament to the effectiveness of Rolfing for children on the autism spectrum, and I feel compelled to share our success story with other families who may be seeking alternative therapies. Your work has been life-changing for us, and I sincerely hope that more families will have the opportunity to experience these benefits. Thank you once again for everything you do. I look forward to sharing our ongoing progress and am excited about the potential benefits Rolfing offers children like my son. With warm regards, Devori Stern

